Constant Love

Classic Line Dance – Stars A

Usage date – 16/09/2026 – 14/09/2027 – Updated 27/10/2026

Age demand: Rising Star, Megastar, Jewel, Regal

Dance Style	:	*Smooth (Nightclub)*
Description	:	*2 Wall (48 Counts)*
Choreographer	:	*Fred Whitehouse & Shane McKeever*
Music	:	*"Constant" feat Chandler Moore, Maverick City Music, Jordan Sparks & Anthony Gargiula*
Sequence	:	*AAB AAB AAB AA with ending*

PART A – 32 COUNTS

1-8: LEFT FORWARD, STEP TURN TURN, ¼ LEFT, CROSS SIDE, ⅛ RIGHT BACK ROCK, SWAY (X2), FULL TURN LEFT, FORWARD LEFT

1	LF	Step forward and do an arabesque lifting right leg backwards.
2	RF	Step forward.
&	LF	Make ½ turn left and step forward (06:00).
3	RF	Make ½ turn left and step back (*12:00*).
&	LF	Make ¼ turn left and step to side (*09:00*).
4	RF	Cross over LF.
&	LF	Step to side.
5	RF	Make ⅛ turn right and rock back (*10:30*).
6	LF	Recover with a body sway forward.
&	RF	Recover back with body sway backward.
7	LF	Recover on LF and make ½ turn left and keep right leg straightened at the back, facing 04:30.
8	RF	Step back.
&	LF	Make ½ turn left and step forward (*10:30*).

9-17: ROCK RIGHT FOOT FORWARD AND SIDE WITH ⅛ RIGHT, BACK SWEEP, BEHIND HITCH, POINT RIGHT BACK, RIGHT ROCK, RUN RLR

1	RF	Rock forward.
&	LF	Recover.
2	RF	Turn ⅛ right and rock to side (*12:00*).
&	LF	Recover.
3	RF	Step back and sweep LF to side.
4	LF	Cross behind RF and hitch right knee up and out.
5	RF	Turn body ⅛ right and point back (*01:30*).
6	RF	Rock back and look over right shoulder.
7	LF	Recover.
8	RF	Run forward.
&	LF	Run forward.
1	RF	Run forward and flick LF behind.

18-24: RUN BACK LEFT RIGHT, ⅛ LEFT SIDE ROCK, BEHIND ¼ RIGHT (x2), LEFT LUNGE, RIGHT ROLLING VINE INTO RIGHT BASIC

2	LF	Step back.
&	RF	Step back.
3	LF	Turn ⅛ left and rock to side (*12:00*).
&	RF	Recover.
4	LF	Cross behind RF.
&	RF	Turn ¼ right and step forward (*03:00*).
5	LF	Turn ¼ right and lunge to left side (*06:00*).
6	RF	Turn ¼ right and step forward (*09:00*).
&	LF	Turn ½ right and step back (*03:00*).
7	RF	Turn ¼ right and step big step to side.
8	LF	Close to RF.
&	RF	Cross over LF.

25-32: ¼ RIGHT BACK LEFT, BACK RIGHT LEFT TOGETHER, HAND, ¼ FORWARD RIGHT, ⅜ RIGHT, RIGHT BACK ROCK, ⅜ LEFT, ¼ LEFT WITH SWAYS, TOUCH

1	LF	Turn ¼ right step back and sweep RF to right side (09:00).
2	RF	Step back.
&	LF	Step next to RF.
a	RH	Place right hand on left shoulder.
3	RH	Slide down left arm while body opens out to left.
4	RF	Step forward.
&	LF	Make ¼ turn right and step to side (12:00).
5	RF	Turn ⅛ right and rock back (01:30).
6	LF	Recover.
&	RF	Turn ⅜ left and step back (09:00).
7	LF	Turn ¼ left and step to side with body sway (06:00).
8		Sway body right.
&	LF	Touch next to RF.

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Age demand PART A (1st wall compulsory)

1-8 Count 5 6 & Cambré

5	RF	Make ⅛ turn right and step back (10:30) make a backbend.
6	RF	Continue backbend.
&	RF	Rise your body up.

9-17 Count 5 6 7 Lunge back

5	RF	Turn body ⅛ right and point back and go down on your knee, leaning backwards with body.
6	RF	Continue leaning backwards.
&		Rise your body.
7	LF	Stand up on left.

25-32 Count 7 8 & Double platform turn

7	LF	Turn ¼ left and step to side (*06:00*).
8	RF	Start a double platform turn.
&	RF	End platform turn, step down on right.

PART B – 16 COUNTS

1-8: ¾ DIAMOND WITH A TURNING VARIATION, SWAY (X3)

1	LF	Step to side.
2	RF	Turn ⅛ right and step back (*07:30*).
&	LF	Step back.
3	RF	Turn ⅜ right and step forward but also turning ½ right hitching left knee at the same time (*12:00*).
4	LF	Step back.
&	RF	Turn ⅜ right and step forward (*04:30*).
5	LF	Turn ⅛ right and step to side (*06:00*).
6	RF	Turn ⅛ right and step back (07:30).
&	LF	Step back.
7	RF	Turn ⅛ right and step to right swaying body to right (*09:00*).
8	LF	Sway body left.
&	RF	Sway body left.

9-16: ¼ LEFT FORWARD LEFT, STEP TURN STEP, STEP TURN TURN, RIGHT BACK ROCK, FORWARD/UP ON RIGHT, RUN LEFT, RIGHT

1	LF	Turn ¼ left and step forward (*06:00*).
2	RF	Step forward.
&	LF	Turn ½ left and step on foot (*12:00*).
3	RF	Step forward.
4	LF	Step forward.
&	RF	Turn ½ right and step on RF (*06:00*).
5	LF	Turn ½ right and step back (*12:00*).
6	RF	Rock back.
&	LF	Recover.
7	RF	Step forward rising up on ball of foot and hitch left leg.
8	LF	Step down.
&	RF	Step forward.

Age demand PART B (1st wall compulsory)

9-16 Count 4 & 5 Double Platform Turn

4	LF	Step forward start making a double platform turn to left.
&	LF	Continue the platform turn.
5	LF	End the platform turn and step back.