

Constant Love

Classic Line Dance – Stars A

Usage date – 16/09/2026 – 14/09/2027

Age demand: Rising Star, Megastar, Jewel, Regal



Dance Style : Smooth (Nightclub)
Description : 2 Wall (48 Counts)
Choreographer : Fred Whitehouse & Shane McKeever
Music : "Constant" feat Chandler Moore, Maverick City Music, Jordan Sparks & Anthony Gargiula
Sequence : AAB AAB AAB AA with ending

PART A – 32 COUNTS

1-8: LEFT FORWARD, STEP TURN TURN, ¼ LEFT, CROSS SIDE, ½ RIGHT BACK ROCK, SWAY (X2), FULL TURN LEFT, FORWARD LEFT

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|---|----|---|
| 1 | LF | Step forward and do an arabesque lifting right leg backwards. |
| 2 | RF | Step forward. |
| & | LF | Make ½ turn left and step forward (06:00). |
| 3 | RF | Make ½ turn left and step back (12:00). |
| & | LF | Make ¼ turn left and step to side (09:00). |
| 4 | RF | Cross over LF. |
| & | LF | Step to side. |
| 5 | RF | Make ½ turn right and rock back (10:30). |
| 6 | LF | Recover with a body sway forward. |
| & | RF | Recover back with body sway backward. |
| 7 | LF | Recover on LF and make ½ turn left and keep right leg straightened at the back, facing 04:30. |
| 8 | RF | Step back. |
| & | LF | Make ½ turn left and step forward (10:30). |

9-17: ROCK RIGHT FOOT FORWARD AND SIDE WITH ½ RIGHT, BACK SWEEP, BEHIND HITCH, POINT RIGHT BACK, RIGHT ROCK, RUN RLR

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|---|----|--|
| 1 | RF | Rock forward. |
| & | LF | Recover. |
| 2 | RF | Turn ½ right and rock to side (12:00). |
| & | LF | Recover. |
| 3 | RF | Step back and sweep LF to side. |
| 4 | LF | Cross behind RF and hitch right knee up and out. |
| 5 | RF | Turn body ½ right and point back (01:30). |
| 6 | RF | Rock back and look over right shoulder. |
| 7 | LF | Recover. |
| 8 | RF | Run forward. |
| & | LF | Run forward. |
| 1 | RF | Run forward and flick LF behind. |

18-24: RUN BACK LEFT RIGHT, ½ LEFT SIDE ROCK, BEHIND ¼ RIGHT (x2), LEFT LUNGE, RIGHT ROLLING VINE INTO RIGHT BASIC

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|---|----|--|
| 2 | LF | Step back. |
| & | RF | Step back. |
| 3 | LF | Turn ½ left and rock to side (12:00). |
| & | RF | Recover. |
| 4 | LF | Cross behind RF. |
| & | RF | Turn ¼ right and step forward (03:00). |
| 5 | LF | Turn ¼ right and lunge to left side (06:00). |
| 6 | RF | Turn ¼ right and step forward (09:00). |
| & | LF | Turn ½ right and step back (03:00). |
| 7 | RF | Turn ¼ right and step big step to side. |
| 8 | LF | Close to RF. |
| & | RF | Cross over LF. |

25-32: ¼ RIGHT BACK LEFT, BACK RIGHT LEFT TOGETHER, HAND, ¼ FORWARD RIGHT, ¾ RIGHT, RIGHT BACK ROCK, ¾ LEFT, ¼ LEFT WITH SWAYS, TOUCH

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|---|----|--|
| 1 | LF | Turn ¼ right step back and sweep RF to right side (09:00). |
| 2 | RF | Step back. |
| & | LF | Step next to RF. |
| a | RH | Place right hand on left shoulder. |
| 3 | RH | Slide down left arm while body opens out to left. |
| 4 | RF | Step forward. |
| & | LF | Make ¼ turn right and step to side (12:00). |
| 5 | RF | Turn ½ right and rock back (01:30). |
| 6 | LF | Recover. |
| & | RF | Turn ¾ left and step back (09:00). |
| 7 | LF | Turn ¼ left and step to side with body sway (06:00). |
| 8 | | Sway body right. |
| & | LF | Touch next to RF. |

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Age demand PART A:

1-8 Count 5 6 & Cambré

5 RF Make $\frac{1}{8}$ turn right and step back (10:30)
make a backbend.
6 RF Continue backbend.
& RF Rise your body up.

9-17 Count 5 6 7 Lunge back

5 RF Turn body $\frac{1}{8}$ right and point back and go
down on your knee, leaning backwards
with body.
6 RF Continue leaning backwards.
& Rise your body.
7 LF Stand up on left.

25-32 Count 7 8 & Double platform turn

7 LF Turn $\frac{1}{4}$ left and step to side (06:00).
8 RF Start a double platform turn.
& RF End platform turn, step down on right.

PART B – 16 COUNTS

1-8: $\frac{3}{4}$ DIAMOND WITH A TURNING VARIATION, SWAY (X3)

1 LF Step to side.
2 RF Turn $\frac{1}{8}$ right and step back (07:30).
& LF Step back.
3 RF Turn $\frac{3}{8}$ right and step forward but also
turning $\frac{1}{2}$ right hitching left knee at the
same time (12:00).
4 LF Step back.
& RF Turn $\frac{3}{8}$ right and step forward (04:30).
5 LF Turn $\frac{1}{8}$ right and step to side (06:00).
6 RF Turn $\frac{1}{8}$ right and step back (07:30).
& LF Step back.
7 RF Turn $\frac{1}{8}$ right and step to right swaying
body to right (09:00).
8 LF Sway body left.
& RF Sway body left.

9-16: $\frac{1}{4}$ LEFT FORWARD LEFT, STEP TURN STEP, STEP TURN TURN, RIGHT BACK ROCK, FORWARD/UP ON RIGHT, RUN LEFT RIGHT

1 LF Turn $\frac{1}{4}$ left and step forward (06:00).
2 RF Step forward.
& LF Turn $\frac{1}{2}$ left and step on foot (12:00).
3 RF Step forward.
4 LF Step forward.
& RF Turn $\frac{1}{2}$ right and step on RF (06:00).
5 LF Turn $\frac{1}{2}$ right and step back (12:00).
6 RF Rock back.
& LF Recover.
7 RF Step forward rising up on ball of foot and
hitch left leg.
8 LF Step down.
& RF Step forward.

Age demand PART B:

Count 7 8 & Double platform turn

4 LF Step forward start making a double
platform turn to left.
& LF Continue the platform turn.
5 LF End the turn.