

My Reason to Try

Classic Line Dance – Intermediate C

Usage Date – 14/01/2026-12/01/2027



Dance Style : *Rise & Fall (Waltz)*
Description : *2 Wall / 48 Count*
Choreographer : *Jonas & Johanna Dahlgren*
Music : *"Sandy's song" by Dolly Parton*

1-6: CROSS SIDE BEHIND, ARABESQUE

- 1 LF Cross over RF (01:30).
- 2 RF Step R.
- 3 LF Cross behind RF (*facing 10:30*).
- 4 RF Prepare for Arabesque by hitching right knee.
- 5 RF Lift backwards.
- 6 RF Finish Arabesque, right leg fully extended

7-12: DRAW RIGHT, SWEEP ½ TURN LEFT

- 1 RF Step R.
- 2 LF Drag towards RF.
- 3 LF Drag towards RF.
- 4 LF Step diagonally forward (*10:30*).
- 5 LF Make ½ turn L and start sweep from back to front (*4:30*).
- 6 RF Continue sweep from back to front.

13-18: CROSS DIAGONAL BACKWARDS, CROSS OVER, CHASSÉ RIGHT

- 1 RF Cross over LF (*4:30*).
- 2 LF Turn 1/8 R, step diagonally backward (*6:00*).
- 3 RF Turn ¼ R, step R (*7:30*).
- 4 LF Cross over RF.
- 5 RF Step R.
- & LF Step together.
- 6 RF Step R.

19-24: SYNCOPIATED CROSS SIDE LOCK, UNWIND L, SPIRAL ¾ R, SWEEP

- 1 LF Cross over RF.
- & RF Step R.
- 2 LF Lock behind RF.
- 3 LF Unwind ¾ L (*12:00*).
- 4 LF Hold.
- 5 LF Full spiral turn R.
- 6 RF Sweep from front to back.

25-30: TWINKLE BACKWARD RIGHT, CROSS BEHIND, CHASSÉ RIGHT

- 1 RF Step diagonally behind LF.
- 2 LF Step L.
- 3 RF Step diagonally R backward.
- 4 LF Cross behind RF.
- 5 RF Step R.
- & LF Step together.
- 6 RF Step R.

31-36: CONTRA CHECK, SYNCOPATED CONTRA CHECK, SPIRAL TRUN

- 1 LF Cross rock over RF.
- 2 RF Recover.
- 3 LF Step L.
- 4 RF Cross rock over LF.
- & LF Recover.
- 5 RF Turn ¼ R, Step forward (*1:30*).
- 6 LF Cross over RF, full spiral R (*1:30*).

37-42: ½ DIAMOND

- 1 RF Step forward (*1:30*).
- 2 LF Turn ¼ R, step L (*3:00*).
- 3 RF Turn ¼ R, step backward (*4:30*).
- 4 LF Step backward (*4:30*).
- 5 RF Turn ¼ R, step R (*6:00*).
- 6 LF Turn ¼ R, step forward (*7:30*).

43-48: ¼ SYNCOPIATED DIAMOND, PIVOT ¾ R, SWEEP ¼ TURN R

- 1 RF Step forward (*7:30*).
- & LF Turn ¼ R, step L (*9:00*).
- 2 RF Turn ¼ R, step backward (*10:30*).
- 3 LF Step backwards (*10:30*).
- 4 RF Turn ¾ R, step forward (*3:00*).
- 5 RF Turn ¼ R (*6:00*).
- 6 LF Sweep from back to front (*6:00*).