

Medusa

Classic Line Dance – Intermediate A

Date of usage – 18/09/2024 – 16/09/2025



Dance Style : Polka (Lilt)
 Description : 4 Wall, (32 count), (3 Restarts)
 Choreographer : Sebastian Fröhlich-Damp
 Music : "Medusa" by Cameron Whitcomb
 Sequence : Restarts - 2nd Wall after 16 Counts, 4th Wall after 16 counts & 9th wall after 4 counts

1-8: SHUFFLE 2X, ROCK, SWEEP, ½ SAILOR TURN R

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|---|----|---|
| 1 | RF | Step forward to right diagonal (01:30). |
| & | LF | Step next to RF. |
| 2 | RF | Step forward to right diagonal. |
| 3 | LF | Step forward to left diagonal (10:30). |
| & | RF | Step next to LF. |
| 4 | LF | Step forward to left diagonal. |
| 5 | RF | Cross over LF. |
| 6 | LF | Recover weight and sweep RF from front to back. |
| 7 | RF | Cross behind LF. |
| & | LF | Make ½ turn right and step next to RF (06:00). |
| 8 | RF | Step forward. |

9-16: 1½ TRIPLE FULL TURN R, HITCH BACK 2X, COASTER STEP, DOWN, UP

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|---|----|---|
| 1 | LF | Make ½ turn right and step back (12:00). |
| & | RF | Make ½ turn right and step forward (06:00). |
| 2 | LF | Make ½ turn right and step back (12:00). |
| & | RF | Hitch. |
| 3 | RF | Step back. |
| & | LF | Hitch. |
| 4 | LF | Step back. |
| 5 | RF | Step back. |
| & | LF | Step next to RF. |
| 6 | RF | Step forward. |
| 7 | LF | Step together and bend both knees |
| 8 | | Get up again, weight ends on LF* |

*Age Option:

7&8& Apple jacks, LF get on L heel and turn toe out, RF get on R toe and turn heel in (7), BF back to center (&), RF get on

R heel and turn toe out, LF get on L toe and turn heel in (8), BF back to center

* If there is a restart in that wall always change counts 7,8 into the age option with the apple jacks

17-24: SIDE ROCK, WEAVE, ¾ PADDLE TURN LEFT

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|---|----|---|
| 1 | RF | Step right. |
| 2 | LF | Recover. |
| 3 | RF | Step behind LF. |
| & | LF | Step to side. |
| 4 | RF | Cross in front of LF. |
| & | LF | Step to side. |
| 5 | RF | Cross behind LF. |
| 6 | LF | Make ¼ turn left and step forward (09:00). |
| 7 | RF | Make ¼ turn left and touch to right side (06:00). |
| 8 | RF | Make ½ turn left and touch to right side (12:00). |

25-32: KICK AND TOUCH, CHASSE, ¼ TURN R, ½ STEP TURN R, FLICK, FULL SPIRAL TURN

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|-----|----|--|
| 1 | RF | Kick diagonally left forward. |
| & | RF | Step forward. |
| 2 | LF | Touch behind RF. |
| & | LF | Step back. |
| 3 | RF | Step to right side. |
| & | LF | Step next to RF. |
| 4 | RF | Make ¼ turn right and step forward (03:00). |
| 5 | LF | Step forward and make ½ turn right (09:00). |
| 6 | RF | Step forward and flick LF back. |
| 7,8 | LF | Step forward and make a full spiral turn right (weight end on LF). |