

Twist With The Fat Boys

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Type : Phrased 4 wall Novelty - Part A: 48 Counts, Part B: 32 Counts *ABB-ABB-ABB-AB-A-A-A till end*
 Level : Novice
 Music : "The Twist" by Fat Boys featuring Chubby Checker (BPM 154) **Updated 09-03-2012**

Part A

HEEL BOUNCES X4, SAILOR STEP X2

1-4 RF bounce right heel x4 (feet apart)
 5 RF cross behind LF
 & LF step side left
 6 RF step side right and slightly forward
 7 LF cross behind RF
 & RF step side right
 8 LF step next to RF

TWIST X3, CLAP, TOE STRUT X2

9 BF swivel heels side left
 10 BF swivel toes side left
 11 BF swivel heels side left
 12 LF hold and clap
 13 RF step forward on toe
 14 RF heel down
 15 LF step forward on toe
 16 LF heel down

STEP ½ TURN X2, STOMP, SWIVEL X3

17 RF step forward
 18 LF ½ turn left take weight
 19 RF step forward
 20 LF ½ turn left take weight
 21 RF stomp forward
 22 LF swivel heel towards RF
 23 LF swivel toe towards RF
 24 LF swivel heel towards RF take weight

OUT, OUT, CLAP, IN, IN, CLAP, STOMP,

HEEL BOUNCES X3 ¼ TURN

& RF jump forward and slightly side right
 25 LF jump forward and slightly side left
 26 BF hold and clap
 & RF jump back and in
 27 LF jump back and in
 28 BF hold and clap
 29 RF stomp forward
 30-32 BF heel bounces X3 with ¼ turn left (9.00)

CROSS TOUCH X2, CLOSE, STOMP,

HOLD X3

33 RF cross over LF
 34 LF touch side left
 35 LF cross over RF
 36 RF touch side right
 & RF step next to LF
 37 LF stomp forward
 38-40 BF hold

CLOSE, ½ TURN WOBBLY KNEES WALK X8

& LF step next to RF
 41-48 RF start to walk 8 counts forward making ½ turn left with wobbly knees (3.00)

Part B (first time facing 3.00)

(Written as though starting facing 12.00)

HIP BUMPS, HIP ROLL

1,2 RF bump hips side right X2
 3,4 LF bump hips side left
 5-8 BF 2 hip circles anti-clockwise

ROLLING VINE X2

9 RF ¼ turn right step forward
 10 LF ½ turn right step back
 11 RF ¼ turn right step side right
 12 LF touch side left and clap
 13 LF ¼ turn left step forward
 14 RF ½ turn left step back
 15 LF ¼ turn left step side left
 16 RF touch side right and clap

SLOW DIAGONAL LOCK STEP, TOUCH

SLOW DIAGONAL LOCK STEP, HOLD

17 RF step diagonally forward right (1.30)
 18 LF close behind RF
 19 RF step diagonally forward right
 20 LF touch behind RF
 21 LF step diagonally forward left (10.30)
 22 RF close behind LF
 23 LF step diagonally forward left
 24 hold

JAZZ BOX ¼ TURN CROSS, ROCK PUSH,

RECOVER, ROCK PUSH, RECOVER

25 RF cross in front of LF
 26 LF ¼ turn right step back (3.00)
 27 RF step side right
 28 LF cross in front of RF
 29 RF rock side right push hips diagonally back
 30 BF recover center
 31 LF rock side left push hips diagonally back
 32 BF recover center